



Spring 1 Newsletter

January 6th - February 13th



Happy New Year to you all. It's been great to have all our children back in Pre-school and we've also welcomed a few new children. It's lovely to see how well they are settling in already. After February half-term there will be a couple more new starters.

Curriculum

Please see our 'Planned Learning Focus' sheet for the areas of learning that we will be particularly concentrating on this half term for both the Caterpillars & Butterflies.

All our Butterfly children will also receive a letter detailing the extra activities we will be doing with them this term.

Headlice

This time of year is when we often see an increase in cases of headlice so please be vigilant when brushing your child's hair. The NHS website has lots of useful information for the best treatment of headlice: [Head lice and nits - NHS](#)



Weather Protection

The children will have the opportunity to go outside in all weathers so please remember to make sure they are dressed in warm clothes with a coat, hat, gloves and wellies if it is likely to be wet.

Healthy Eating

As with any New Year many of us are looking at trying to be healthier. Over the next couple of weeks our topic will be, Healthy Me, where we will be looking at being Healthy and Eating healthy.

As a Healthy Eating Pre-school we like to promote healthy foods both at snack time and for the children's lunches. In addition to our usual lunch guidance we hope you find this information useful and helpful, especially for gauging portion sizes. The website First Step Nutrition has great ideas to help prepare a healthy packed lunch.



Tapestry

We hope that you are enjoying viewing your child's Learning Journey online. Please feel free to make any comments or add your own pictures of activities you do at home. Please then let your child's key worker know as we would love your child to share them with the other children during a session. Parents have fed back to us that Tapestry is easier to use if you download the app. Please do ask if you need any help with using Tapestry.



National Year of Reading

The Department for Education and National Literacy Trust join forces to launch a National Year of Reading, starting in January 2026.

This fits really nicely with our upcoming topic of 'All about books' where we will be asking the children to share their favourite stories. We hope to develop your child's love of reading.

You can find out more information about the National Year of Reading via the National Literacy Trust Website at: [5 Things You Need To Know About The National Year Of Reading 2026 | National Literacy Trust](#)

Dates for your Diaries

Half term break- Monday 16th February - Friday 20th February

Term Dates

6th January - 13th February

What's On at Cheam Baptist Church

10.30am Sunday Morning Service

This is also being live streamed on YouTube, just type in Cheam Baptist Church.

There is a creche and also children's groups, you are very welcome to join us!

Ideas to do at home

Pre-writing skills: in flour or shaving foam!

Story to read: Handa's Surprise by Eileen Browne

Sorting, counting, feeling and eating lots of fruit & vegetables!

Try making a fruit salad, chopping the fruit & counting it as you put it in the bowl.

Contact information

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Helen Rees

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A Song to Sing

Song to sing: Dingle Dangle Scarecrow

When all the cows were sleeping

And the sun had gone to bed

Up jumped the scarecrow

And this is what he said

I'm a dingle dangle scarecrow

With a flippy, floppy hat

I can shake my hands like this

I can shake my feet like that

When all the hens were roosting

And the moon hid behind a cloud

Up jumped the scarecrow

And shouted very loud

I'm a dingle dangle scarecrow

With a flippy, floppy hat

I can shake my hands like this

I can shake my feet like that

Useful Information

Here is a very useful guide to the EYFS Curriculum well worth a read!

[A guide to the EYFS for parents and carers 2024](#)

Keeping the under-fives safe online Childnet has prepared a guide for parents of the under 5s

[Keeping Under Fives Safe Online | Childnet](#)

Managing winter illnesses

The DfE has shared the following resources for managing winter illnesses:

[Is my child too ill for school? - NHS](#)

[Preventing and controlling infections - GOV.UK](#)